



ambers
beauty studio



OCTOBER 2016
treatmentMenu

ambersEssentials

Hands & Feet ----- Shellac -----	4
Brows -----	5
Lashes ----- Ear Piercing -----	6

FaceTreatments

Elemis Advanced Anti-ageing Facials -----	8
Elemis Skin Solutions ----- Elemis Skin Specifics -----	9
Elemis Biotec Facials -----	10
CACI Ultimate -----	12
Make-Up -----	13
Permanent Make-Up -----	14
Restalyne & Collagen Fillers ----- Anti-Wrinkle Injections -----	14

BodyTreatments

Massage Rituals -----	16
Elemis Rituals -----	17
Ambers Face & Body Signature Treatments -----	18
Holistic Therapies -----	19

HairRemoval

Waxing -----	21
Electrolysis (inc Thread Veins, Skin Tags & Milia removal) -----	22
Ellipse IPL (inc Thread Veins, Skin Rejuvenation & Acne Treatment) -----	23

MensTreatments

Essentials ----- Luxury ----- Waxing -----	24
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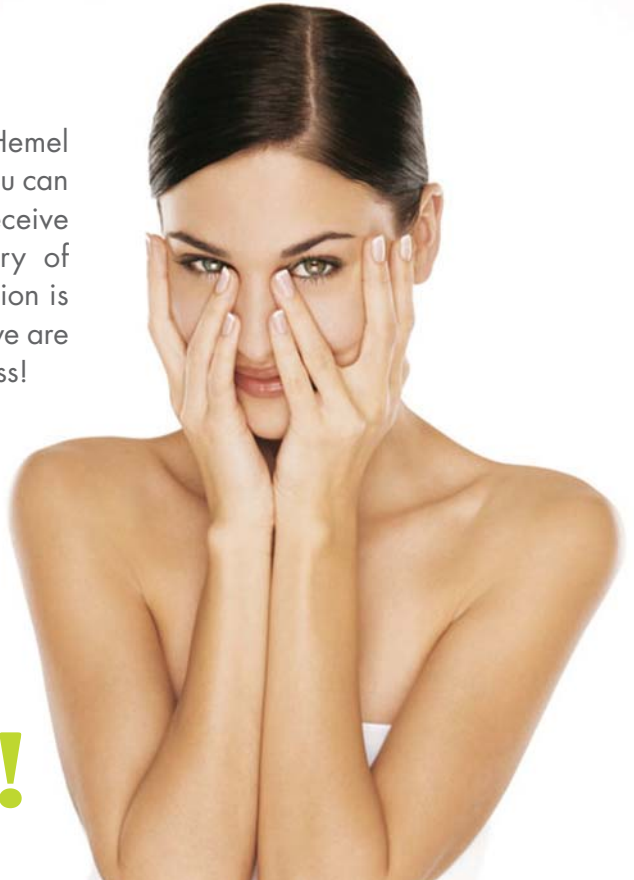
Information

Products -----	25
How to Book Online -----	26
Studio Etiquette -----	27
Contact Details ----- Opening Hours -----	28

Relax

You're in safe hands

Ambers Beauty Studio in Hemel Hempstead is somewhere you can relax, feel at home & receive superb care in a sanctuary of calm & wellbeing. Our mission is to make you feel fantastic - we are not content with anything less!



Enjoy!

Hands & Feet

Using CND Vinylux up to 7 day wear.

Luxury Manicure with Paraffin Wax

A gorgeous way to soften & smooth dry rough cuticles, also helps to warm stiff joints ...a great treat for well used hands with all the benefits of our normal manicure for shaping, cuticles, massage & polish. (French polish is £4.20 extra)

Management

£41.00

Manicure

Our regular manicure will give your hands & nails a great treat! We use high quality products to give the highest standard of treatment & finish.

£27.50

Deluxe Pedicure with Paraffin Wax*

Having a pedicure can leave your feet looking & feeling wonderful & with the added luxury of the softening & conditioning effect of paraffin wax, even the driest of feet can look presentable.

£42.50

Pedicure*

Our regular pedicure will not only shape your toe nails & tidy cuticles but we will remove the rough hard skin that can make your feet feel uncomfortable. With a soothing massage & shiny polish your feet will look & feel fabulous!

£33.80

Manicure with French Polish

£31.60

Pedicure with French Polish

£37.90

Shape & Polish for Hands

£15.40

Shape & Polish for Toes

£16.50

Shellac

CND Shellac™ delivers 14+ day flawless wear, superior colour & mirror shine with zero dry-time & no nail damage. (really!) The colours are hypo-allergenic, & "3-Free" - no Formaldehyde, Toluene or DBP

Shellac Manicure

£38.00

Shellac Manicure & Removal

£43.00

Shellac Manicure with French Polish

£42.20

Shellac Manicure with French Polish & Removal

£51.20

Shellac Hands Shape & Polish

£25.20

Shellac Hands Shape & Polish & Removal	£35.50
Shellac Hands Shape & Polish with French Polish	£29.40
Shellac Hands Shape & Polish with French Polish & removal	£39.50
Shellac Pedicure	£43.20
Shellac Pedicure & Removal	£53.20
Shellac Pedicure with French Polish	£47.40
Shellac Pedicure with French Polish & Removal	£57.40
Shellac Toes Shape & Polish	£27.30
Shellac Toes Shape & Polish & Removal	£37.30
Shellac Toes Shape & Polish with French Polish	£31.50
Shellac Toes Shape & Polish with French Polish & removal	£41.50
Shellac Removal Mini Treatment	£12.50

Brows

Your brows shape your face so why not shape your brows?

Eyebrow Reshape	£16.90
Eyebrow Tidy	£12.60
Eyebrow Waxing	£11.60
AB Brows	£23.00

AB Brows combines tinting, threading & waxing for a perfect shape & is finished with the Jane Iredale Bitty Brow Kit... this natural face lift will leave you ready to face the world!

Threading

An ancient technique to give a very defined shape to your brows. Excellent for fine-fluffy hairs, as well as normal to strong growth. Uses no chemicals or heat, so is good for sensitive skin.

Eyebrow Threading - reshape 1st treatment	£16.90
Eyebrow Threading - tidy	£13.60
Eyebrow Tint*	£11.10

Lashes

Enhancing your lashes will intensify the colour of your eyes & bring your face to life.

Eyelash Tint*	£16.90
Eyelash & Eyebrow Tint*	£22.10
Weekend Lashes	£39.00
They give an instant made up look & are great for special occasions when you want to create a full mascara look. Semi Permanent lashes are small clusters of lashes in brown or black & varying lengths.	
LVL Lashes - Length - Volume - Lift*	£58.00
LVL stands for Length, Volume, and Lift. The stunning alternative to eyelash extensions! LVL has been designed to enhance your natural eyelashes creating the illusion of longer, thicker lashes giving you a fabulous wide-awake appeal that is completely natural AND yours.	

Ear Piercing

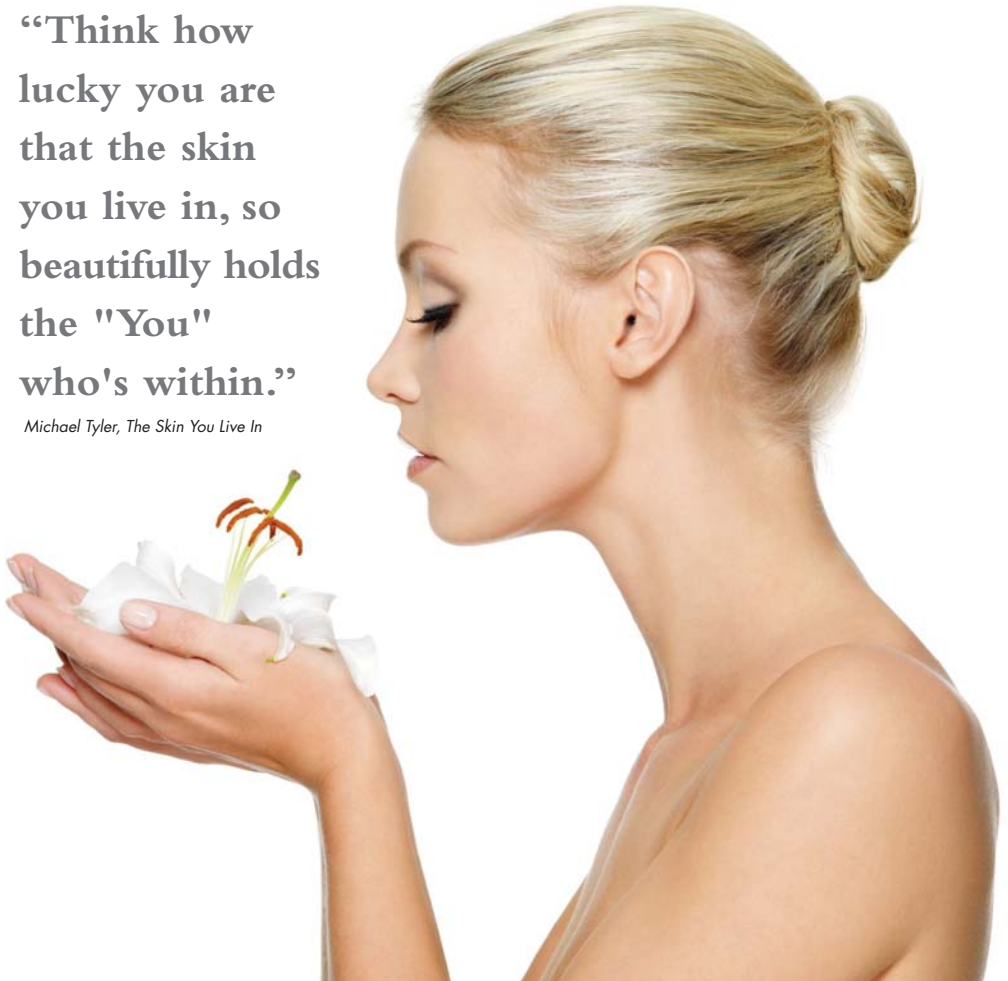
14ct gold earrings with special smooth backs for comfortable hygienic ear piercing or choose from different styles & sizes from the Inverness range. Cleansing solution included.

Ear Piercing (Earrings 14ct 3mm)	£32.00
Ear Piercing (Earrings 14ct 4mm)	£38.00

** Patch test required at least 24 hours before treatment*

**“Think how
lucky you are
that the skin
you live in, so
beautifully holds
the "You"
who's within.”**

Michael Tyler, The Skin You Live In





Elemis is the leading luxury British spa & skincare brand. The successful combination of natural active ingredients with cutting-edge technology has enabled Elemis to bring to market some of the most influential anti-ageing products & professional spa-therapies the beauty industry has ever seen.

Elemis brings you a premium product combined with the highest quality therapy. The truly incredible Elemis spa-therapy menu has been created to respect the body's complex physiology & work in synergy with the skin, body & mind. Feel & see the difference.

Designed to subconsciously stimulate all your senses, you will enter a luxurious blend of exotic cultures, colours & textures from around the world. An Elemis treatment is guaranteed to offer outstanding results.

Elemis Advanced Anti-ageing Facials

Elemis Pro-Collagen Age Defy

£76.00

TARGETS: FINE LINES | WRINKLE DEPTH | DULL SKIN TONE

Tackles fine lines and wrinkles with clinically proven* age-defying benefits of marine charged Padina Pavonica & Red Coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin

Elemis Dynamic Resurfacing Precision Peel

£76.00

TARGETS: AGEING | DULL SKIN TONE | UNEVEN SKIN TONE | LACKLUSTRE SKIN

Clinically proven* to target the signs of ageing & uneven skin tone, this pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. A new start for smoother, younger-looking skin.

Elemis Pro-Definition Lift and Contour

£76.00

TARGETS: LACK OF DEFINITION | SAGGING SKIN | AGEING

Powered by breakthrough technology, this facial helps restore the architecture of the face using the potent nutrients in plant actives found to help support the extra-cellular matrix. Creates a profoundly sculpted, youthful effect.

Elemis White Brightening Pigment Perfector

£76.00

TARGETS: DULL SKIN TONE | PIGMENTATION | AGEING

Restores even skin tone, targeting unwanted areas of pigmentation. Encapsulated Vitamin C acts as a potent brightener, inhibiting future pigmentation. The result is a more even, colour-corrected and illuminated complexion

£43.00

Elemis Pro-Collagen Eye Treatment

TARGETS: FINE LINES | AGEING

Oxygenate and increase cellular renewal around the eyes so they look smoother, firmer and back to their sparkling best!

Elemis Skin Solutions

Elemis Superfood Pro-Radiance £66.00

TARGETS: STRESSED SKIN | DULL SKIN TONE | TOXIN BUILD UP

Magnesium, Potassium, Zinc, Vitamin A and E form a mineral army to jump-start tired & exhausted skin. An amino active mask helps restore lost moisture, deeply nourish, detox & pack the skin with powerful, energising nutrients.

Elemis Sensitive Skin Soother £66.00

TARGETS: REDNESS | SENSITIVITY | TIGHTNESS

Fragile skin needs special attention. A soothing massage technique helps reduce the appearance of redness and protect against daily stresses. Texture & moisture levels are dramatically restored. Skin is left supremely soothed, comfortable and calm.

Elemis Anti-Blemish Mattify and Calm £66.00

TARGETS: OILY SKIN | HORMONAL SKIN | BLEMISHES | STRESSED SKIN

A deeply cleansing revelation for oily, congested or hormonal skin. This mattifying facial helps combat oil and shine, while intuitive massage helps restore micro-circulation. A deeply detoxifying treatment for clearer, brighter skin.

Elemis Modern Skin Facial £66.00

TARGETS: STRESSED SKIN | DULL SKIN | BLEMISHES

Designed for skin challenged by modern living & bursting with anti-oxidant rich minerals & vitamins. This purifying treatment helps remove damaging toxins, regenerates skin cells & rebalances sebum. The results: remineralised, rebalanced & renewed skin.

Elemis Skin Specifics

Fruit Active Glow £46.00

Skin is deeply cleansed & stimulated by specialist massage techniques, whilst powerful conditioning actives nourish & renew vital radiance.

Exotic Moisture Dew £46.00

Following a specialist facial massage, the skin is fed with thirst-quenching actives that will bring back that healthy, dewy look to the skin.

Herbal Lavender Repair £46.00

Deeply cleansing to draw out skin impurities, this facial will help reduce unwanted shine, refine the pores and treat skin breakouts.

Treatments are recommended every 3 weeks.

Elemis courses available pay for 5 get 6th free (paid in advance)



THE UNIQUE FUSION
OF ACTIVES, TOUCH AND
TECHNOLOGY

Elemis Biotec Facials

BIOTEC combines TECHNOLOGY & TOUCH to deliver the next generation of facials in one brand new machine - giving you immediate, visible & long lasting results.

The skins' unique bio-chemistry is constantly compromised by lifestyle, sunlight, stress, age, illness & medication - causing a breakdown in cellular communication & energy, resulting in a weakened skin structure, stressed & unbalanced skin. These unresponsive cells need NEW STIMULI to help re-boot cellular performance & re-establish effective cell communication, **enhancing the skin's ability to repair, renew & re-tone.**

Elemis found that combining a unique synergy of three targeted stimuli - TOUCH, TECHNOLOGY and HIGH POTENCY ACTIVES it was possible to deliver **immediate, visible & long-lasting results from non-invasive facial treatments, with zero downtime.**

Each BIOTEC facial treatment has a specialised activator - a powerful, concentrated serum to **target specific skin needs & deliver immediate, uncompromising results.**

Elemis Biotec Facials

	Elemis Biotec Line Eraser	£86.00
	TARGETS: FINE LINES WRINKLE DEPTH DULL SKIN TONE Target wrinkles & energise the skin towards optimum performance with microcurrent pulses & red & blue light therapy. A powerfully rejuvenating clinically proven* treatment that effectively irons out wrinkles & fills out lines.	
	Elemis Biotec Firm-a-Lift	£86.00
	TARGETS: FIRMS FACIAL CONTOURS SMOOTHES WRINKLES HYDRATES THE SKIN Rediscover the architecture of your face with this ground breaking blend of massage & sculpting galvanic technology. Skin is visibly strengthened for a contoured complexion that is remarkably uplifted.	
	Elemis Biotec Skin Resurfacer	£76.00
	TARGETS: UNEVEN SKIN TONE BLEMISH MARKS FINE LINES This revolutionary clinically proven* facial addresses skin tone, blemishes & fine lines to transform the texture of the skin. The ultrasonic peel, massage & light therapy deliver a complexion that has never been smoother.	
	Elemis Biotec Radiance Renew	£76.00
	TARGETS: DULL SKIN STRESS PIGMENTATION The Ultrasonic Peel stimulates the removal of impurities & dead skin cells, whilst the galvanic rejuvenating current restores moisture for instant clearer & visibly brighter skin.	
	Elemis Biotec Blemish Control	£76.00
	TARGETS: DAMAGED SKIN DULL SKIN BLEMISHES A deep cleansing facial that detoxifies & repairs damaged tissue. Ultra sonic vibration, massage, steam & galvanic currents decongest & exfoliate. Powerful anti-oxidants soothe, while light therapy helps clear the complexion	
	Elemis Biotec Sensitive Skin Soother	£76.00
	TARGETS: SENSITIVE SKIN IRRITATION INFLAMMATION This anti-redness treatment soothes sensitive skin. An oxygen infusion encourages cellular restoration, while red light therapy & calming anti-oxidants improve the skin's ability to heal itself.	
	Elemis Biotec Anti-Pigment Brightener	£76.00
	TARGETS: UNEVEN SKIN TONE AGE SPOTS LACK OF RADIANCE A unique complex of brightening actives, ultrasonic peel & light therapy is combined with precision massage to help wash out melanin & reduce dullness revealing a youthful & translucent complexion.	
ADD ON	Elemis Biotec Add on Eye Treatment	£36.00
	Tighten the delicate eye area with targeted technology.	
ADD ON	Elemis Biotec Add on Neck Treatment	£31.00
	Microcurrent with a jowl and chin mask to lift and tighten.	

CACI ULTIMATE Non-Surgical Face Lift Treatments

The original Caci non-surgical face lift has been updated, to give maximum results. It lifts & tones the facial muscles to remodel your face for a smoother younger looking complexion. The Ultimate experience combines different methods, including Microdermabrasion with LED Photo Therapy, Wrinkle Comb, Lymphatic Massage, Jowl Lifting, & Hydratone Mask. Choose from the various facial options to suit your needs the best.

All treatments include the New Quad Probes to double the lift effect, as well as Instant Serum filled Firming Buds.

CACI Ultimate Intense Anti-ageing Facial £99.00

The ultimate treatment developed to firm, plump, refine & soften the skin & visibly reduce fine lines & wrinkles

- Microdermabrasion with LED phototherapy • Micro current toning
- Jowl Lifting • Wrinkle comb • Lymphatic massage • Hydratone Mask

Course of 4 = £345

CACI Ultimate Smoothe Lift £80.00

The original non-surgical face lift with extra help for those fine lines, wrinkles & jowl line

- Micro current toning • Jowl lifting • Wrinkle comb

Course of 6 = £400 | Course of 10 = £690

Classic CACI with Jowl Lift £71.00

The original non-surgical face lift, with extra help on the jowl line

- Microcurrent toning • Jowl lift

Course of 6 = £390 | Course of 10 = £620

Classic CACI £57.70

The original non-surgical face lift • Microcurrent toning

Course of 6 = £312 | Course of 10 = £500

CACI Instant Radiance £64.80

Achieve a clearer smoother & more youthful complexion with this intense skin treatment.

- Micro dermabrasion with LED photo therapy • Wrinkle comb
- Lymphatic massage with intense hydration • Hydratone mask

Course of 6 = £336 | Course of 10 = £550

CACI Wrinkle Revive £31.00

A treatment to target fine lines & wrinkles

- Microdermabrasion with LED phototherapy • Wrinkle comb

Course of 6 = £160 | Course of 10 = £250

	CACI Jowl Lift	£31.00
	Firm & tone the jawline to improve sagging jowls. • Micro current toning Course of 6 = £160 Course of 10 = £250	
	CACI Hydratone mask	£30.00
	A great skin pick me up when you are short on time, in just ten minutes for intense skin hydration & firming Course of 6 = £160	
NEW	CACI Eye Revive	£36.00
	This gentle 30 minute treatment soothes tired, puffy eyes, combats dark circles, reduces fine lines and wrinkles and lifts hooded eyes. Course of 6 = £162 (Team with Pro-Collagen Eye Treatment for a deluxe eye experience - £69) **Special ambers CACI Course** 4 x CACI Ultimate Intense + 6 x Classic CACI with Jowl Lift = £717.50	

Make-Up

Known as the skincare make-up, Jane Iredale is so effective & beneficial to use it is recommended by plastic surgeons & dermatologists worldwide. It gives coverage that is light as a feather & lets your skin breathe, using flattering colours with silky staying power that doesn't crease or cake. • Non-comedogenic • Minimal allergy risk • Contains SPF • Anti-inflammatory • No talc or parabens • Pure mineral make-up

Make-Up Lesson	£59.70
This is a one to one session designed to give you confidence in your make-up application	
Make-Up	£46.50
Going somewhere special and need a great look that will last & enhance your best features...this will fit the bill perfectly.	
Bridal Time	£92.00
Design & make-up on the day at the studio. At your initial consultation you will be assigned a therapist who will work with you during the trial make-up & on the special day to give you perfect, long lasting make-up that leaves you looking & feeling just wonderful for the whole day..	
Bride at Home	Price on application
Make-up in your own home on your wedding day. Your assigned therapist will work with you during the trial make up & travel to your home or your chosen destination so that you can enjoy a relaxing & professional experience so all you need to do is sit back & be pampered.	

Permanent Make-Up Enhancement

There are hundreds of reasons to choose permanent make-up. From convenience to confidence, more & more people are turning to permanent make-up because it can dramatically improve their quality of life.

Linda of Ambers has been a permanent make-up practitioner for over 19 years. Linda is a highly trained & experienced practitioner. Her artistic eye & technical ability means she is able to use pigment so well that it blends with the skin beautifully & naturally & is no more painful than having your eyebrows tweezed.

Consultation * (payable on booking)	£55.00
Eyebrows	£430.00
Eye Enhancement – Top & Bottom	£425.00
Eye Enhancement - Top	£320.00
Eye Enhancement & Liner	£490.00
Lip Line only	£450.00
Lip Blush	£580.00
Build ups/Colour change/Fill-ins	£120.00
Camouflage	POA
Permanent Make-Up Maintenance (within 12-18 months)	Usually half of the full cost

** A consultation booking fee of £55.00 is taken on booking your consultation, which takes approx 1 hour. This is redeemable against the cost of your deposit on booking.*

Restalyne and Collagen Fillers

POA

The nurse Di Harris visits regularly for Restalyne & Collagen fillers.

Anti-wrinkle Injections

POA

A GMC registered aesthetics doctor runs regular clinics at Ambers for Muscle Relaxant Treatments.

Specialist Skin Doctor

POA

Our Specialist Skin Doctor can treat all manner of problems that we cannot. There is a consultation fee of £50 which is redeemable against your first treatment.

**“Take care of
your body it’s
the only place
you have to
live.”** *Jim Rohn*



Massage Rituals

Wellbeing Massage		£59.00
<p>The power of the Ten Cultural Touches creates sensations of pleasure & wellness to deeply heal your mind & body, whilst soothing your soul. Your body is lightly brushed, then gorgeously warmed pure massage oils, prescribed to your needs, are smoothed over the face, body & scalp.</p>		
Wellbeing Back Massage		£37.00
<p>Focusing on the back, shoulder, face & scalp area to relieve tension & aching muscles. Uses the fundamental elements of the Wellbeing Massage.</p>		
ELEMIS Freestyle Deep Tissue Massage		£63.80
<p>This is a vigorous workout for the body, perfect to alleviate high stress levels. Tailored entirely to your needs, it leaves you feeling grounded and focused. Your therapist will select an aromatic oil according to your concerns, be they muscle pain or the need for stress relief, relaxation or emotional balance</p>		
ELEMIS Freestyle Deep Tissue Back Massage		£37.00
<p>This rhythmic massage focuses purely on the back & shoulder area to relieve specific stress & muscle tension.</p>		
Ambers Fusion Massage		
<p>A personalised blend of Swedish, Deep Tissue & Wellbeing massage techniques to suit the individual. A personalised blend of Swedish, Deep Tissue & Wellbeing massage techniques to suit the individual.</p>		
Fusion Back		£30.00
Fusion Back Plus (with hot stones)		£38.50
Ambers Fusion Body		£59.00
Ambers Fusion Body Plus (with hot stones)		£65.00
ELEMIS Deeper than Deep Hot Stone Massage		£71.00
<p>Balinese Stones bathed in Frangipani Monoi Body Oil are worked over the body, deep into the muscles, getting into areas of tension at a profound level, persuading the muscles to release trapped energy. The result is sparkling vitality & intensely hydrated skin.</p>		
ELEMIS Deeper than Deep Hot Stone Back Therapy		£39.00
<p>As above but concentrating on the back & shoulder area.</p>		
Sports Massage	(30 mins)	£37.00
<p>The most effective therapy for releasing muscle tension, restoring balance to the musculo-skeletal system and preventing injuries.</p>	(45 mins)	£47.90
	(60 mins)	£63.80

Elemis Rituals

A gorgeous selection of perfect pampering treatments - massage, body therapies and wraps. Whether you need to relax, de-stress or invigorate, there is an Elemis treatment here for you.

Body Nectar Nourishing Wrap - Sweet Orchid or Frangipani £56.00

TARGETS: DEHYDRATED SKIN | DULL, TIRED SKIN

This lusciously fragrant, intensely moisturising body wrap will transport you to the Far East. The velvety texture of the Monoi Oil offers super-hydration, quenching a thirsty skin. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work.

ELEMIS Intensely Cleansing Salt Scrub - Lime & Ginger or Frangipani £39.00

TARGETS: DEHYDRATED SKIN | ROUGH, DRY SKIN | DULL, TIRED SKIN

The fragranced salt of your choice will gently slough away dead skin cells, encouraging the regeneration of new cells and perfectly prepping the skin. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

ELEMIS Best Foot Forward with Shape & Polish £51.00

TARGETS: STRESS | TENSION | DEHYDRATED SKIN

Take a load off with this foot-focused tension releaser. Lower legs and feet are thoroughly exfoliated, bathed and massaged. Hot wax softens and smoothes to leave feet supple and fragrant as a rose. Finished with a shape & polish.

ELEMIS Garden of England Rose Restore Hand Treatment with Shape & Polish £46.00

TARGETS: AGE SPOTS | DRYNESS

Hand massages are unbelievably relaxing. And this is the last word in conditioning, restorative, anti-ageing hand treatments. Finished with a shape & polish.

ELEMIS Peaceful Pregnancy Massage £64.00

TARGETS: DRY SKIN | TENSION | ENERGY LEVELS

Performed on a pear-shaped beanbag that moulds to every bump and supports every body, mothers-to-be are lulled and restored to optimum wellness. An intuitive, sensitive and relaxing massage hydrates and moisturises skin that is expanding to accommodate a growing baby.

ELEMIS Strawberry Herbal Back Cleanse £41.00

TARGETS: TROUBLED SKIN | CONGESTED SKIN | DULL SKIN

This is excellent for problem, congested skin on the back, or merely to revitalize dull looking skin. The back is cleansed & exfoliated before a soothing & purifying aromatic herb mask is applied. The final touch is a detoxifying back massage using a special blend of oils.

Ambers Face & Body Signature Treatments

Our signature treatments have evolved from treatments we have loved giving & having ourselves. Plus, of course, those that have proved the most popular with our clients over the years from our special promotions

Ambers Time to Spa Day 1	£142.00
Skin Specific Facial, Wellbeing Body Massage, Eyebrow Shape, Manicure & Pedicure	
Ambers Time to Spa Day 2	£156.00
Skin Specific Facial, Wellbeing Body Massage, Eyebrow Shape, Luxury Manicure & Luxury Pedicure	
Ambers Time to Spa Day 3	£196.00
Superfood Facial, Lime & Ginger Salt Glow, Wellbeing Massage, Best Foot Forward Treatment & Garden of England Hand Ritual, plus Shape & Polish for Hands & Feet	
Absolute Spa Ritual	£98.00
Wellbeing Massage & Superfood Facial	
Aroma Stone Therapy with Eye-zone Therapy	£90.00
Elemis Skin Superfood Facial & Wellbeing Back Massage	£92.00
Elemis Skin Specific Facial & Wellbeing Back Massage	£62.00

NB: 50% deposit required when booking, at least 48 hours notice required of cancellation to avoid loss of deposit. Packages are not interchangeable.

Holistic Therapies

Holistic therapies are beneficial for everyone. They are a natural, alternative way of helping your mind and body to find balance & promote a sense of well being.

Reflexology

£39.00

A Reflexologist, through applying a form of massage to the hands or feet, can identify imbalances in the body & using a specialised technique will work all reflexes on the foot to induce relaxation, restore the free flowing energy to the whole body & to stimulate your body's own healing processes to achieve balance & harmony.

Available as an individual treatment or as a course.

Hopi Ear Candles

£24.00

A deeply relaxing, calming & soothing experience drawing any impurities from the ear canal. Helpful for sinusitis & headaches, to name a few. Can be combined with our other alternative treatments.

Indian Head Massage

£39.00

Effective, simple treatment for the relief of neck & shoulder stiffness, eye strain and headaches. It can help to reduce muscle tension, release stagnant energy & rebalance the whole body, leaving you with a feeling of peace and calm.

Reiki with crystal healing

1 hour


£39.00

30 minutes

£26.00

Reiki (pronounced "ray key") is an ancient form of hands on healing whereby the practitioner gently places their hands non-intrusively in a sequence of positions which cover the whole body. The whole person is treated rather than specific symptoms. It works not just on a physical symptom but on emotional, spiritual & mental levels too... balancing them in harmony creating the ideal conditions for the body to heal itself. Reiki is a Japanese word meaning "universal" and Kei means "vital life force energy which interpenetrates and connects all"



A woman with long, wavy brown hair is captured in a moment of pure joy, running through a field of tall, golden grass. She is wearing a white, short-sleeved, button-down dress with a ruffled hem. Her arms are outstretched to the sides, and her head is tilted back, eyes closed, as if she is embracing the sun. The background is a soft, hazy landscape with a line of trees under a bright, warm sky. The overall mood is one of happiness and freedom.

**“Happiness is the
secret to all beauty.
There is no beauty
that is attractive
without happiness.”**

Christian Dior

Waxing

Waxing is the longest-lasting temporary hair removal technique available. When wax is warm, it is applied to the area, allowing the hairs to be pulled out from the root. Hair grows back in 3 to 6 weeks.

Half Leg	£19.60
Half Leg , Bikini line or Underarm	£25.70
Half Leg, Bikini line & Underarm	£31.90
Top Leg	£20.60
Top Leg & Bikini line	£26.80
Top Leg, Bikini line & Underarm	£32.90
Three Quarter Leg	£23.70
Three Quarter Leg, Bikini line or Underarm	£29.90
Three Quarter Leg, Bikini line & Underarm	£35.00
Full Leg	£24.70
Full Leg, Bikini line or Underarm	£30.90
Full Leg, Bikini line & Underarm	£38.00
Bikini line from	£14.50
Underarm	£13.40
Arm to Elbow	£14.40
Full Arms	£18.90
Brazilian 1st Treatment	£31.90
Brazilian Top Up	£25.75
Hollywood 1st Treatment	£33.90
Hollywood Top Up	£27.80

Electrolysis with the NEW Apilus Platinum Pure



For over 130 years, electrolysis has been & remains the only recognized 100% permanent hair removal method. This technique permanently destroys germinative cells responsible for hair growth, thanks to the insertion of a fine probe in the hair follicle & the application of a current adjusted to the type of hair & the area to be treated.

The medical grade Apilus Platinum Pure uses 27 MHz radio frequency. This hi-tech & high speed system is very comfortable - there really is only a tingle not a bee sting & with virtually no skin reaction! Seriously, you would never know that you are having needle electrolysis!

The Apilus Platinum Pure works twice as fast as any other epilator by optimizing energy concentration in the hair follicle. The number of treatments needed to obtain complete & permanent results is, on average, 25% less than usual. Moreover, the Platinum Pure can effectively treat any hair or skin colour. Electrolysis treatments with the Apilus Platinum ultrarapid epilator will always deliver maximum results. We provide a complimentary consultation to assess the area & explain the treatment to you.

Apilus Platinum Pure Hair Removal

Minimum up to 8 minutes £16.50
Additional time calculated by computer per minute

Apilus Platinum Pure Thread Vein Removal for Face

Thread veins, also known as dilated capillaries, broken veins, spider veins or red veins, can be successfully treated using an advanced technique to quarterise the minute capillaries, so they dry up & disappear. Approx 3-6 sessions subject to the clients needs.

- per session first treatment £75.00
- per session follow on treatments £63.00

£15 booking fee for consultation redeemable against first treatment on same day only

Apilus Platinum Pure Skin Tags prices from £56.00

These little excesses of skin are usually found around the neck, armpits, groin, under the bust & on eyelids but can grow anywhere. They are easily treated. The number of sessions depends on size & quantity to be treated.

Apilus Platinum Pure Milia Removal prices from £33.00

Milia are small, raised, pearly-white or yellowish bumps on the skin. They are most often seen under the skin around the cheeks, nose, eye lash line & eyelids, forehead and chest but they can occur anywhere on the body. They are quickly & easily treated. The number of sessions depends upon the quantity and area to be treated.

Ellipse IPL - Intense Pulsed Light Treatment

The Ellipse IPL system is used very effectively for the treatment of a wide range of skin conditions; including Permanent Hair Reduction, Facial Thread Vein Removal, Skin Rejuvenation (removal of sun damage & pigmentation) & Acne Clearance treatments. Ellipse gives great results without the pain & discomfort associated with other more traditional methods of hair removal. Best of all, Ellipse's clinically tested procedure is safe, gentle, fast and effective.

Permanent Hair Reduction

*A Patch Test for all IPL is required and costs £29
- redeemable against course price*

	Price per session		Price per session
Full face	£225.00	Bikini Line Extension*	£180.00
Cheeks	£93.00	Brazilian	£199.00
Jawline & Nape	£93.00	Full Bikini	£205.00
Neck	£113.00	Full Leg	£513.00
Lip	£71.00	Lower Leg including Knee	£256.00
Chin	£79.00	Thigh including Knee	£282.00
Lip & Chin	£120.00	Feet & Toes	£62.00
Lip chin & Jawline	£144.00	3/4 leg	£384.00
Arms (full)	£215.00	Mens	
Arms (upper)	£149.00	Chest	£256.00
Arms (lower)	£149.00	Stomach	£123.00
Underarms	£98.00	Back (full)	£240.00
Hands & Fingers	£71.00	Back (lower)	£164.00
Bikini Line	£103.00	Centre Line	£103.00

**£30 per extra area*

Thread Veins, Skin Rejuvenation & Acne Treatment

We offer Ellipse Intense Pulse Light for skin rejuvenation & thread vein removal perfect for anyone with problems such as sun-damage skin, pigmentation spot, age spots, acne, acne scarring or thread veins. We recommend a course of 4-6 treatments - we have had some amazing results.

Thread Veins	from £126.00
Skin Rejuvenation	from £93.00
Acne Treatment	from £93.00

IPL courses available pay for 5
get 6th free (paid in advance).



Essentials

Manicure		£19.60
Pedicure		£29.00
ELEMIS High Performance Skin Energiser		£66.00
TARGETS: CONGESTED SKIN AGEING DEHYDRATION		
The hard-working facial for ageing, dehydrated skin and tired eyes. It maximises cell regeneration, as steam and extraction decongests. Multi-dynamic facial massage sequences boost circulation, whilst scalp and foot massages deeply relax.		
Wellbeing Back Massage	£37.00	Wellbeing Massage £59.00
Deep Tissue Back Massage	£37.00	Deep Tissue Massage £63.80
Fusion Back Massage	£30.00	Fusion Back Massage Plus £38.50
Fusion Body Massage	£59.00	Fusion Body Massage Plus £65.00
<i>Information on massage rituals can be found on page 16</i>		
Sports Massage	(30 mins)	£37.00
The most effective therapy for releasing muscle tension, restoring balance to the musculo-skeletal system and preventing injuries.	(45 mins)	£47.90
	(60 mins)	£63.80

Luxury

ELEMIS Biotec Super-Charger for Men		£76.00
TARGETS: FINE LINES WRINKLE DEPTH DULL SKIN TONE		
The facial to de-stress, de-age & de-fatigue the male complexion whilst activating ultimate skin dynamism. Ultrasonic peeling, steam & galvanic current deliver a deep clean for a multi-tasking, time efficient solution.		
Total Time Out		£118.00
Deep Tissue Massage & Elemis High Performance Skin Energiser		
Bridegroom package		£82.00
Manicure, Back & Shoulder Massage & Eye Zone Treatment		

Waxing

Back		£26.00
Shoulders		£21.50
Back & Shoulders		£36.00
Chest		£26.00



We stock a great range of Elemis products with many special offers.

Elemis was born out of the vision to bring together the power of nature, science and aromatics. To harness the dynamism of the highest-grade actives and create a skincare line that would transform the frontline of the beauty industry.

Elemis begins with the earth's natural resources. Powerful marine and plant actives coupled with intricately-blended aromatics form the foundation of all our products. Elemis is where the science of nature meets the science of skin.

All Elemis products are tested by Elemis Master and Elite therapists and the results are fed back to the laboratory. This cycle of maturity can take up to three years until each product does exactly what it professes to, achieving real results. That's why Elemis is able to say it delivers pioneering treatments for face and body.



jane iredale
BEAUTY WITH BRILLIANCE™

We LOVE *jane iredale* mineral cosmetics - the most technically advanced make up in the world. Every product brought to you by Jane Iredale not only enhances your beauty, but is also a true extension of skin care.

Their mineral foundations will make your life simpler, too, because they provide four important functions in one: foundation, concealer, sunscreen and active skin care benefits. The formulas are as natural as possible while making sure that they perform at the highest level.

So, explore the world of *jane iredale*. The skin you've always wanted is just a brush away.



Enjoy a Jane Iredale One Minute Makeover after your treatment ... #itonlytakesaminute Choose from Brows & Eyes, Lips & Cheeks or Colour matching.

We will show you how quick and easy it is to look fantastic ... then you can do it to!

Products



“Book online in your own time...it’s easy!”

1. Choose your treatment from the drop down menu and if you have a preference which employee. (If you don't mind then select 'Any'.) Click Next.
2. Select the days and times you are available. Click Next.
3. You will now be shown all the available appointments to match your dates and times. Choose your preferred appointment and select 'Book Now'
4. You now need to either sign in or register as a new client. To register as a new client you just need to fill a simple form with your name, address and contact details. (This information is for our eyes only and will never be passed on to third parties.)
5. Finally to confirm your booking we need you to check the details are correct and provide us with your card details which will be held for security. We will then send you an email confirming your appointment.

Book Me™



Download our App...

Search App Store or Google Play for **mySPAapp**

Enter the business code **ambers** and then create your personal account.

Easy to set up and easy to use... makes booking an appointment (would you believe?) ...easy!

On arrival to the studio may we ask you to keep noise to a minimum as there are treatments in progress throughout the day.

- **Mobile phones:** to ensure total comfort and relaxation within our studio facilities, please ensure your mobile phone is turned off.
- **Booking:** it is necessary for you to either telephone, visit the studio or **book on-line** (see page 26 for details) to make a reservation. Appointments over 1 1/2 hrs will require a credit card deposit.
- **Appointment confirmation:** 48hrs before your appointment we will send a text asking you to confirm or cancel your appointment. **Don't forget to reply** - your reply updates our system & ensures your booking.
- **Arrival time:** we would recommend that you arrive ten minutes before your scheduled treatment time, giving you time to relax & fill out our consultation form.
- **Late arrivals:** we understand that things do happen & time runs short. The time that you spend with us will ensure optimum results, but as a courtesy to other clients your treatment will finish on time.
- **Cancellation policy:** we kindly ask for at least 24 hours notice (or 48 hours for treatments longer than 1 1/2 hours) if you wish to change or cancel your appointment. **If the appointment is cancelled within 24 hours & cannot be filled there is a cancellation fee of £5.90 for every 15 mins booked. Missed appointments are charged at the full treatment price.**
- **Gift vouchers/courses:** are available & are valid for 4 months from purchase date.
- **Comfort:** it is your time & we want you to enjoy your treatment experience to the fullest. Whether it is room temperature, the amount of massage pressure or the volume of music, just tell us.
- **What to wear:** casual attire is best, robes can be provided if required. Jewellery & valuables should not be brought to the studio. During your treatment our therapists are trained to drape sarongs discreetly over areas of the body not involved with the treatment to protect your privacy at all times. If you are having a pedicure please wear open toe sandals.
- **Children:** as a courtesy to other clients & our therapists children under 13 will only be permitted if you have a prior arrangement with ambers.
- **Ambers' Loyalty Club:** every time you purchase a treatment or product you will be allocated ambers points. As they accumulate you can use them to purchase a treatment of your choice!

Book on-line 24/7

Ambers offer you easy and convenient on-line booking. You can find a booking time with a particular therapist at a time that suits - 24 hours a day 7 days a week.

Download our App

Search App Store or Google Play for **mySPAapp** Enter the business code **ambers** and then create your personal account.

Easy to set up and easy to use...
makes booking an appointment (*would you believe?*)...easy!

Gift Vouchers

Treat someone special with one of our gift vouchers. Our vouchers are valid for any treatment or any amount. Vouchers can be purchased on-line, over the phone or in store. All vouchers are valid for 4 months.

Opening Times:

Monday.....9.30am - 9.00pm
Tuesday.....9.30am - 5.30pm
Wednesday.....10.00am - 9.00pm
Thursday.....10.00am - 9.00pm
Friday.....9.00am - 5.00pm
Saturday.....8.00am - 2.30pm
Sunday Closed



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Est. 1986

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